

# Feeling... or Thing?

Your Guide to Mastering -ED and -ING Adjectives



**-ED**



**-ING**



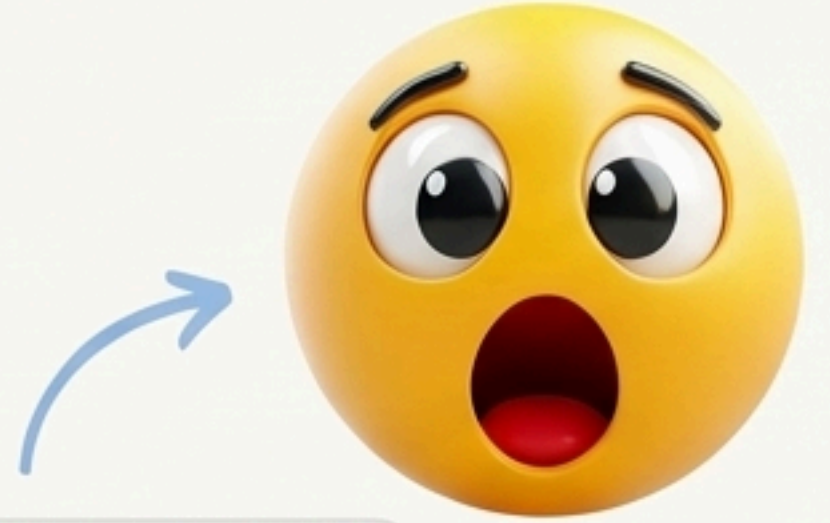
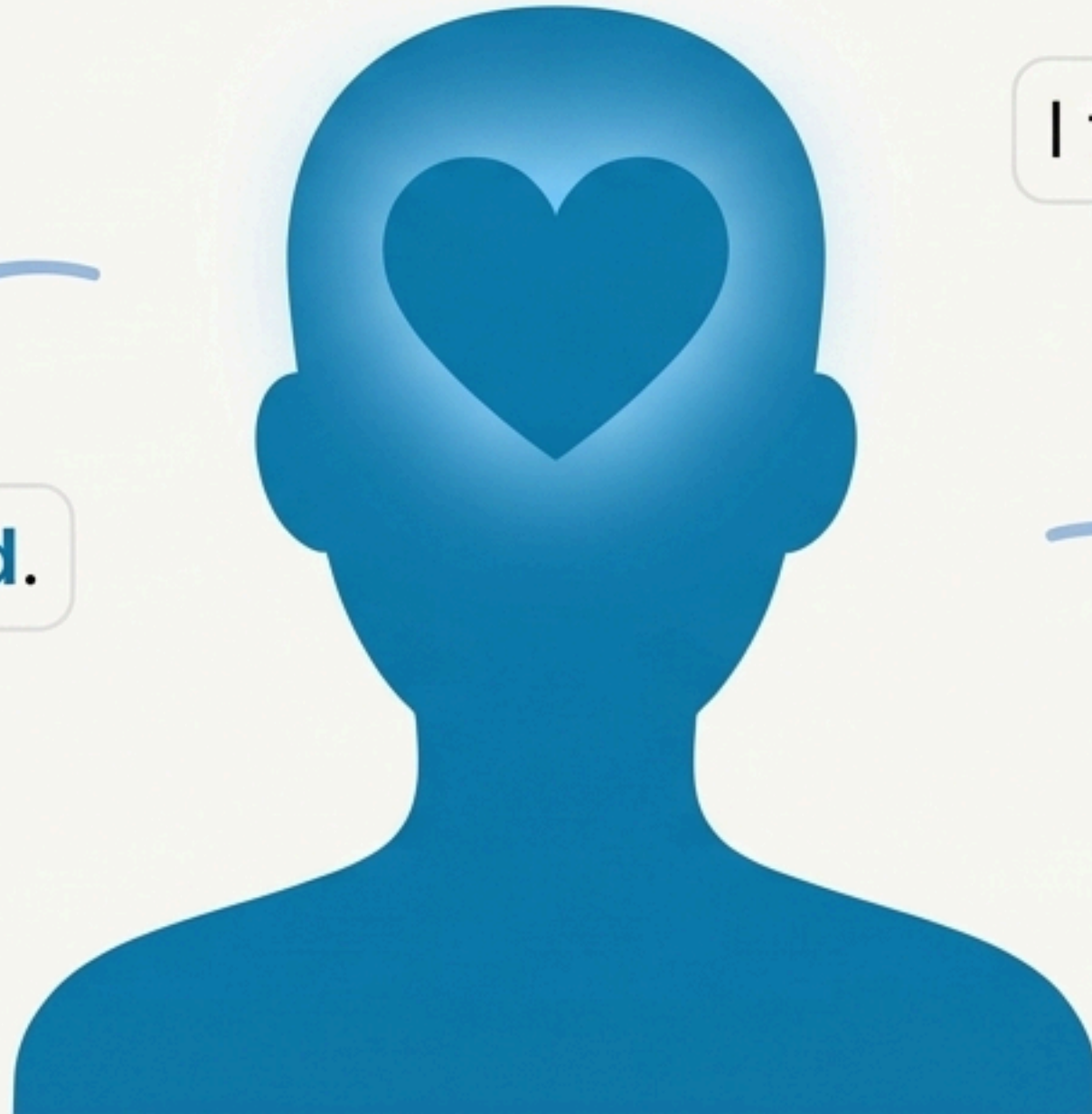


# -ED adjectives describe a FEELING.

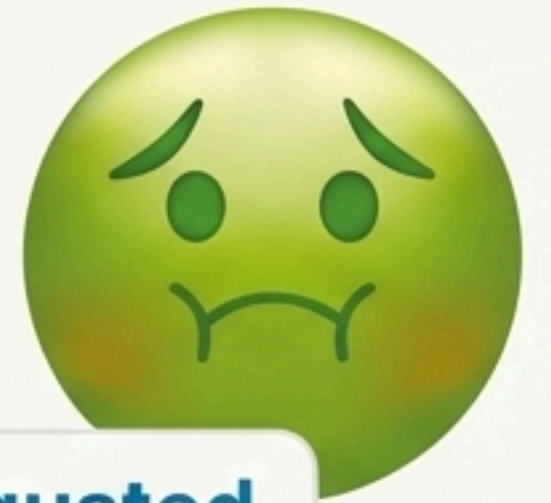
Use **-ed** to talk about how someone feels.  
It's an emotion inside a person (or an animal!).



She is **bored**.



I feel **surprised**.



He feels **disgusted**.



# -ING adjectives describe the **THING** that causes the feeling.

Use -ing to talk about the person, thing, or situation that makes you feel an emotion.



The class is **boring**



The cake is **surprising**



The insect is **disgusting**



# The Golden Rule: Remember This!



The **FEELING (-ED)**

I am **bored**.



The **CAUSE (-ING)**

The movie is **boring**.



# Let's Connect the Feeling to the Cause



He feels **disgusted**.  
(-ed describes his emotion)



The cockroach is **disgusting**.  
(-ing describes the thing)



# Your Turn! Connect These Two.



She was **surprised**.



The party was **surprising**.



# Challenge 1: Match the Feeling to Its Cause

Draw a line to connect the feeling on the left with the thing that causes it on the right.

## How You Feel (-ED)

Surprised



Bored



Amazed



Disgusted



## The Cause (-ING)



A boring movie



A disgusting insect



An amazing car



A surprising gift



# How did you do? Check Your Answers!

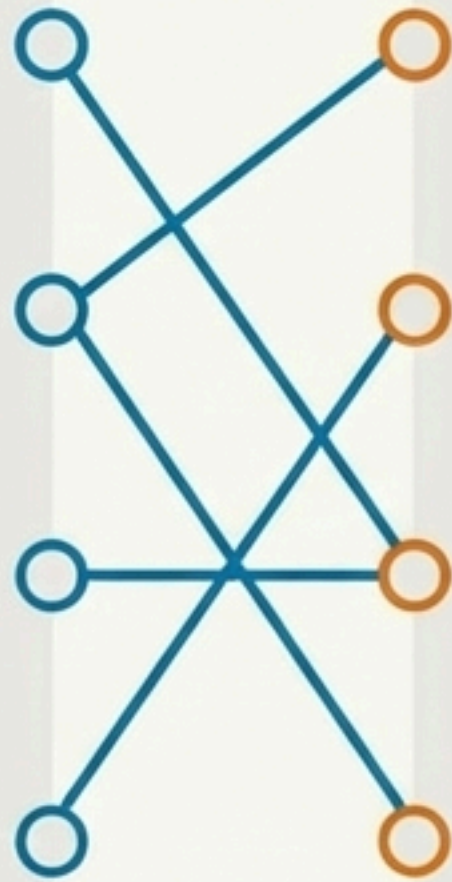
## How You Feel (-ED)

Surprised

Bored

Amazed

Disgusted



## The Cause (-ING)



A boring movie



A disgusting insect



An amazing car



A surprising gift



# Challenge 2: Choose the Correct Adjective

Fill in the blanks with the correct form of the verb in parentheses.



1. The movie was so (bore)  that we all felt .



2. I was (excite)  because the rides were so .



3. The teacher's explanation was (confuse) , so the students looked .



4. The loud thunderstorm was (frighten) , and my brother was .



# Let's Check Your Sentences



1. The movie was so **boring** (#F77F00) that we all felt **bored** (#0077B6).



2. I was **excited** (#0077B6) because the rides were so **exciting** (#F77F00).



3. The teacher's explanation was **confusing** (#F77F00), so the students looked **confused** (#0077B6).



4. The loud thunderstorm was **frightening** (#F7F00), and my brother was **frightened** (#0077B6).



# Become an Adjective Master!

## Your Final Challenge

Write a short paragraph (3-5 sentences) about your favorite free time activity. Use at least two -ed adjectives and two -ing adjectives to describe your feelings and the activity.

I love playing video games. I get so **excited** when I start a new level. Some puzzles are very **confusing**, but it's a **rewarding** feeling when I solve them. After playing for an hour, I feel completely **relaxed**.





# Congratulations! You're an Adjective Expert!

Just Remember The Golden Rule:



**-ED = Your Emotion**  
(e.g., I am **tired**.)



**-ING = The Thing/Cause**  
(e.g., My job is **tiring**.)

